

USSSA

MARYLAND /DELAWARE

HEAT INDEX POLICY

The following guidelines have been established to ensure the safety and welfare of all players, coaches, and umpires involved with the sport of fastpitch softball.

Heat Index	Actions
80-89	Use caution; Monitor athletes carefully for necessary action.
90 –104	Use extreme caution; Ensure water breaks are allowed as needed; Ensure that all individuals drink fluids and that uniforms are modified to ensure the coolest level available.
105 – 114	Games will be shorten in duration to allow a longer break between games for all involved; Alter uniforms where feasible;
115 & above	All activities will be suspended until the heat index is below 115.

The Heat Index will be watched by the on-site Directors, the on-site UICs and the USSSA State Director's Office. The Heat Index Policy will be implemented and enforced by the State Director's Office. The State Director's Office will attempt to reschedule games as needed to complete the schedule.

The standards above are in compliance with the Department of Health and Mental Hygiene and local counties.

Date: April 2013